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# "J" - DEPARTMENT 34 – Health and Citizenship (Health, Social & Political Science)

## Superintendent(s)

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## **GENERAL REGULATIONS:**

Junior Fair Regulations, Ag 160, Exhibit Rules

## **DEPARTMENT REGULATIONS:**

- All charts and posters shall be 14" x 22".
- All displays boards shall be less than 36" x 48".

#### PREMIUMS:

\$2.00 - \$1.75 - \$1.50 - \$1.25, unless otherwise noted

## CLASS - A Health (Grades 3-13)

#### Lot No.

## First Aid in Action

- Assemble a family first aid kit
- 2. Poster on first aid steps for cuts and scrapes
- 3. Poster on how to properly perform the Heimlich maneuver
- Illustrated book of poisonous poisons
- 5. A written fire escape for your home
- 6. Set of first aid cards

#### **Staying Healthy**

- 7. Poster on tools to clean my teeth, hair, nails and skin
- 8. Assemble a book of healthy snack recipes
- 9. Poster on proper food portion sizes
- 10. Display of smart choices for a healthy breakfast
- 11. Scrapbook of photos of youth in different sports
- 12. Personal fitness plan including personal strength, endurance and flexibility

## Keeping Fit

- 13. Poster on nutrient-rich foods
- 14. Book of proper warm-up and cool-down routines to use when exercising
- 15. Design a brochure for "Staying Injury Free"
- 16. Develop a personal fitness plan and keep a log of the steps taken to achieve that plan'
- 17. Design a brochure for an elementary sports team

#### <u>Health</u>

18. Any other exhibit related to any of the "Health" sections.

# CLASS – B Club Activities (Grades 3-13)

#### Lot No

- 1. Scrapbook of a club's activities (safety, beautification, recreation, softball, community service etc.)
- 2. Any other exhibit related to "Club Activities"

## CLASS - C Citizenship Activities (Grades 3-13)

## Lot No.

- 1. Written ground rules
- Community map
- 3. Magazine picture collage illustrating the group's issue
- 4. Written mission statement for the group
- 5. Letters, fliers, posters, speeches, surveys, petitions or other examples of group's work
- 6. Group's story of its citizenship project, with illustrations
- 7. Any other exhibit related to "Citizenship"

# CLASS - D Service Learning (Grades 3-13)

## Lot No.

#### **Agents of Change**

- 1. Poster of problems or needs in my community
- 2. Report on what makes a worthwhile service experience

- 3. Display of my service learning mission
- 4. Service learning mission promotional material

## **Raise Your Voice**

- 5. Map of my community's assets and needs
- 6. Display of my public forum addressing a community need
- 7. List of possible solutions to my community's need
- 8. Risk management strategy for my project
- 9. My community project action plan document
- 10. Original poem reflecting on my service learning project
- 11. Outline and artifacts of a presentation documenting my service learning project
- 12. Outline of my service learning speech
- 13. Service learning promotional materials
- 14. My personal resume
- 15. My service learning project journal, photo diary or scrapbook
- 16. Any other exhibit related to any of the "Service Learning" sections.

## CLASS - E History and Heritage (Grades 3-13)

#### Lot No.

- 1. A creative display of objects within heritage box, shadow box, etc. (with or without photos) illustrating some aspect of your family's history.
- 2. A collection of "old" family recipes and a little note about where they come from
- 3. A creative display (poster, book, etc.) of your family tree (with or without photos)
- 4. A memory book that tells a story from your family's history (an event, a pet, tradition, etc.)
- 5. An illustrated album or display telling your personal story (autobiography or timeline)
- 6. A display of 4 or more old-fashioned games with the game supplies (if appropriate, with a written description of each game and its origin if you can find it)
- 7. A recipe book of old home remedies used for illness or beauty care
- 8. A photo of an old object with a written description of the object's importance to your family or community history
- 9. A display of an old-time or ethnic craft (whittling, rosemaling, etc.). Include a description of how to do the craft.
- 10. An illustrated (photos/drawings) history of an old building or of a community
- 11. A write-up of an interview (oral history) you did with an older adult.
- 12. An old object restored or renewed in a creative way. (If possible, include "before" picture. If over 3 feet, also show "after" picture. Do not bring the object.)
- 13. An illustrated album or display telling a story of a relative
- 14. Display presenting the history of a local celebration
- 15. Display presenting the history of any Wisconsin topic
- 16. Any other exhibit related to "History and Heritage"

# **CLASS – F International Project (Grades 3-13)**

#### Lot No

- 1. 2-D map of a country that displays one or more of the following: Geographical features, natural resources, imports/exports, topographical features, political boundaries, agricultural production
- 2. 3-D map of a country that displays one or more of the following: Geographical features, natural resources, imports/exports, topographical features, political boundaries, agricultural production
- 3. Display of a festival or holiday from a country or countries you have studied
- 4. Display of flags of countries you have studied
- 5. Display of cultures you have studied. This can include traditional costume, cultural arts, etc.
- Display of famous people of a country
- 7. Write an essay that compares/contrasts the United States to one or more countries
- 8. Create a historical timeline for a country you have studied
- 9. Display a collection of recipes form one or more countries
- 10. Display a collection of items from a country you have studied
- 11. Collection of letters from a pen pal from another country
- 12. A holiday decoration representing a country you have studied
- 13. Write a report comparing literature from another culture to that of the U.S. (i.e. fairy tales, legends, myths, tall tales, folk tales, poetry, etc. This may be no more than 2 pages double spaced, 12 point type.
- 14. Any other exhibit related to "International Project"

## CLASS - G Work Force Readiness (Grades 3-13)

#### Lot No.

- 1. List of 3 job references for my first potential job
- 2. Display of my personality type profile
- 3. Written story on the value of teamwork
- 4. Written review of teamwork in a local business
- 5. Profile on my first potential job
- 6. Report, artwork or collage of a chosen job
- 7. Story or picture collage of "typical day at my job"
- 8. Collection of 3-5 news articles exploring future career possibilities
- 9. Any other exhibit related to "Work Force Readiness"

## CLASS - H Entrepreneurship (Grades 3-13)

#### Lot No.

#### Love It

- Collage of pictures of entrepreneurs
- Report on the history of a product
- 3. List of my personal strengths self-assessment inventory
- 4. List of my business assets inventory
- 5. Profile of a local business
- 6. Sketch of my business idea

#### Plan It

- 7. Essay on my business plan recipe
- 8. Display of contrast and comparison of a product
- 9. Internet research report of my business idea
- 10. Inventory of internet business
- 11. Draft of my business web site
- 12. Written profile of my customers
- 13. 30-second commercial about me
- 14. Written news release about my business
- 15. Written classified help wanted ad for my business
- 16. Loan proposal document for my business

## Do It

- 17. Written marketing plan for my business
- 18. Presentation on my business plan
- 19. Written customer service survey
- 20. Picture story of my entrepreneurship project
- 21. Documents showing my completed business plan

#### **Entrepreneurship**

22. Any other exhibit related to any of the "Entrepreneurship" sections.

## CLASS - I Personal Finance (Grades 3-13)

## Lot No.

# **Money Fundamentals**

- Poster collage of pictures illustrating my financial goals
- 2. Booklet of my personal spending plan including income and expenses
- 3. My personal money journal
- 4. Poster on making smart spending goals
- 5. Create an ad
- 6. Shadow report

#### **Money Moves**

- 7. Poster on ways to use my money
- 8. Booklet of weekly records of how I save, share and spend money
- 9. Poster/chart of money savings options
- 10. Poster on how to calculate interest
- 11. Chart the real cost of credit
- 12. Booklet on how to manage a checking account
- 13. Sketchbook/journal of my design of a new product ad
- 14. Poster on how to comparison shop for a product

## **Personal Finance**

15. Any other exhibit related to any of the "Personal Finance" sections.